## Light a candle

## Sign of the cross

In the name of the Father and of the Son  $\oplus$  and of the Holy Spirit. Amen.

# Sing

"What a Friend we have in Jesus" - <u>https://youtu.be/8SCorW9r\_Is</u>

"Because He Lives I can Face Tomorrow" -<u>https://youtu.be/oPW9xYEyijQ</u>

"Oceans (Where Feet May Fail)" – Hillsong United https://youtu.be/dy9nwe9 xzw

## God's Word

Read: Matthew 14:22-33 "Jesus Walks on the Sea." This is the word of the Lord. Thanks be to God.



# Reflection

During Jesus' ministry he sought times of solitude to pray. We can see from the prayer that Jesus taught us that prayer is about our relationship with God. So it seems that Jesus' times of prayer in solitude were times of private conversation with His Father. We can also learn from "The Lord's Prayer" that in prayer we praise God, we seek God's will, we ask God to help us, and we ask God to provide what we need to accomplish what He has given us to do. In prayer we trust God to be with us, to hear us and to answer us.

When we are afraid we can call out to the Lord, "Lord, save me," and we know that our Jesus reaches out his hand immediately and catches us. It is so wonderful to hear Jesus' words, **"Be of good cheer! It is I; do not be afraid"** as He approaches his friends. Let us hold onto those words always.

### **Activity (optional)**

You may like to consider the International Day of the World's Indigenous Peoples (August 9). This year the theme is "COVID-19 and indigenous people's resilience." You can find information, fact sheets, resources and a photo gallery on the United Nations website. <u>www.un.org</u>

## Music

Sing/Listen to music. Ideas: "Lord I Lift Your Name on High" – Maranatha Singers <u>https://youtu.be/zVqWEtfpTgo</u> "Here Comes Jesus (See Him Walking on the Water)" – Shiloh Worship Music <u>https://youtu.be/UjmxiF0CkVs</u> "Twos: Jesus Walks on Water" – Crossroads Kids' Club <u>https://youtu.be/CflpkVwFR8A</u> "This Little Light of Mine" – Wesley's Wuppets <u>https://youtu.be/RGWC6\_SjHKQ</u>

#### **Bible verses**

Isaiah: 52:7-10

#### Catechism

The Lord's Prayer - Seventh Prayer: But deliver us from evil.



#### Prayer

Our Father, we know that you are our Creator and that you are all powerful. We know that you love us and that you protect us. We pray that you would save us from all kinds of evil. We pray that you would keep us safe from all harm and danger. We pray that you would be with us all the time; when we are well and when we are weak. We thank you for your lovingkindness to us and for comforting us with your promises of eternal life with you. In Jesus' name we pray. Amen.

#### Blessing

Psalm 67:1-7 "God shall bless us, And all the ends of the earth shall fear Him."