

Light a candle

You might like to use white, the colour of unbroken light as you think about God, the Holy Trinity; Father, Son and Holy Spirit.

Sign of the cross

In the name of the Father and of the Son ✝ and of the Holy Spirit. Amen.

Sing (ideas)

“Holy, Holy, Holy” – Audrey Assad <https://youtu.be/AgHrNNM23p8>

“My Jesus, My Saviour” - <https://youtu.be/mqSQvoinDE4>

“Here I am to Worship” – Hillsong <https://youtu.be/5Pj2P8Bn5WI>

“My Lighthouse” – Rend Collective <https://youtu.be/dSn9HW5P-sA>

God’s Word

Read: Ephesians 3:14-21

This is the word of the Lord. Thanks be to God.



Reflection

We can only know those things about God that he has revealed to us. We know from the Bible that God is Father, Son and Holy Spirit; the Holy Trinity. There are no examples in the natural world that can correctly explain the Trinity. Therefore, it is difficult for us to understand. We only need to trust in the truth of God. Jesus said, “**I am** the way and the **truth** and the life.” We see the Holy Trinity at the baptism of Jesus Christ (Luke 3:21-22; John 1:29-34). We see God, the Holy Trinity, bringing peace, hope and love to all people.

Activity (optional)

You might like to write a haiku poem that praises God or that expresses what you understand about the Holy Trinity. A haiku has 3 lines – the first and third lines have 5 syllables and the second line has 7 syllables.

Music

Sing/Listen to music. Ideas:

“Joy of the Lord” – Rend Collective <https://youtu.be/rVnkIY5SMXY>

“Jesus Messiah” – Chris Tomlin <https://youtu.be/tdxSC1tHJn0>

“Jesus Take the Wheel” – Carrie Underwood <https://youtu.be/lydBpM2KRau>

“Father of heaven, whose love profound” - <https://youtu.be/8M5WBuBKH38>

Bible verses

Matthew 28:16-20 “The Great Commission.”

Catechism

Apostles' Creed: Second Part



And [I believe] in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified dead and buried. He descended into hell. The third day he rose again from the dead. He ascended into heaven and sits at the right hand of God, the Father Almighty, from thence he will come to judge the living and the dead.

Prayer

Lord God, You have revealed yourself to us through your word, the Holy Bible, and through Jesus Christ, our Lord and Saviour. You are too great for us to comprehend, but we can know you through Jesus who became fully human – just like us. You show us that you are love. You love us so much that you want to be with us, to teach us, to protect us and save us from all harm and danger. You show us that you are the light of life – giving us life and healing, and leading us in the way that we should go. Through your word we believe that Jesus Christ is the only-begotten Son of God, begotten of the Father before all ages. We believe that Jesus Christ is uncreated, unlimited, eternal, and almighty. We believe that Jesus Christ is our King and that we will live under his rule and serve him, innocent and happy forever. We thank you that you have shown us all these things and helped us to know your gracious love and mercy through the work of the Holy Spirit. We confess that we are slow to understand, that we are weak and sinful, and that we lose our focus on you as we become distracted with the worries of this world. We ask you Lord that you would continue to help us, to teach us, and to keep us safely in the palm of your almighty hand. In Jesus' name we pray. Amen.

[John 8:58, 17:5, 24; 1 Cor.8:5; Eph.1:3-5; 1 Pet.1:20; Nicene & Athanasian Creeds, Luther's explanation of the second article]

Blessing

The grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all. Amen.